

# MOM NEWSLETTER

April 2019, Issue 2

## MOM Project

We are pleased to share with you some updates on the MOM project. MOM – Maternity Opportunities and Mainstreaming, a European Project funded by Erasmus+, aims at framing maternity as a learning experience that provides mothers with soft skills that are extremely useful in today's workforce.



Fourth meeting of the partners in Milan, Italy in January 2019

Since the last newsletter, we have had a meeting in Volos, Greece in June 2018 and our latest meeting took place in Milan, Italy in January 2019. During these meetings partners discussed the status of our two online MOOCs (Massive Open Online Course) for mothers and trainers and developed useful training materials.

The **MOM MOOC for Mums** is the complete multilingual online version of the face-to-face MOM training that was developed by partners in 2018. This massive free open online course aims to empower unemployed mums and boost their self-confidence. The online training will include exercises that help participants realise how skills developed through motherhood can be transferred to employability skills.

### The four elements of communication



Tone of voice



Words

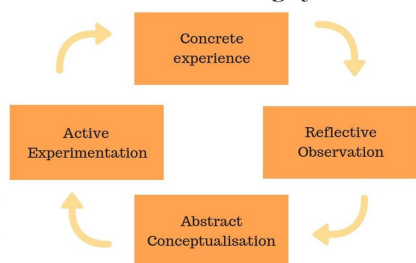


Facial Expressions



Gestures

### The Kolb learning cycle:



The **MOM MOOC for Trainers** will provide an opportunity to mentors, educators, trainers to learn about the face-to-face MOM Training and to deliver it to their clients. It will include an array of MOM materials such as videos, readings, and problem sets, and will provide interactive user forums to build an online community with mothers, trainers, and women on maternity leave.

## Next Steps

Partners are very excited as we prepare for the testing of both of the online courses. The MOM Project team cannot wait to share the final courses with you all! Please follow the project on Facebook where we will keep you updated about the courses.

On the MOM platform you will also have a chance to meet other mums and trainers from all around Europe and share ideas with each other.

### More information

- Facebook: @MomEUProject
- [www.eu-mom.eu](http://www.eu-mom.eu)
- [info@eu-mom.eu](mailto:info@eu-mom.eu)



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