

MOM NEWSLETTER

August 2020 Issue 4

The MOM Project!

Working with a team of eight partners, the MOM project has successfully delivered training for mothers who have taken breaks from employment through maternity and parenthood. As this project draws to a close this is just the start. See tips on how to stay engaged and connected below.

The MOM project has enabled mothers to reflect on the skills they have acquired through their time on maternity or parenting. The project enabled the delivery of face to face training to over 100 mothers. It focused on encouraging women to make the most of the skills they have gained during motherhood. In addition to this the MOOC (massive open online course) was completed by over 200 women. In addition, there was also the MOOC for trainers, coaches and mentors who could and still can access these modules via our website.

It can be noted that the delivery of the programme has been immensely successful. Many mothers and employers can now work on developing and enhancing the skills gained through motherhood.

Next steps: engage and connect...

As this project nears a close, we would like to share with you ways in which you can continue to engage.

Namely:

- visit our website for materials including:
- The MOOC for mothers and the MOOC for trainers.
- like and engage with our Facebook page
- share our training programme with other mothers!

- ✓ [Module 1] Discover the MOM MOOC for trainers
- ✓ [Module 2] MAAM's strengths-based perspective
- ✓ [Module 3] Skills awareness
- ✓ [Module 4] Support people in presenting themselves
- ✓ [Module 5] Learning methods and techniques

MOOC for trainers, modules

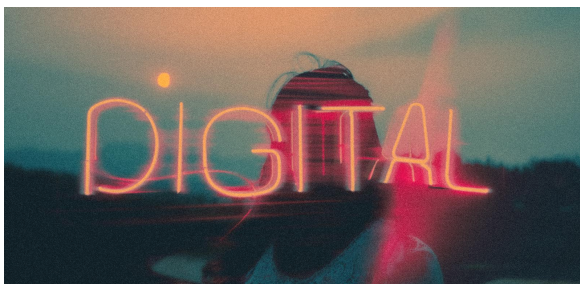
- ✓ [Module 1] First steps with MOM MOOC
- ✓ [Module 2] Four elements for empowerment
- ✓ [Module 3] Know your strengths
- ✓ [Module 4] Exploring change and self-presentation
- ✓ [Module 5] Stress and communication
- ✓ [Module 6] Digital culture, networking and action planning

MOOC for mothers, modules

More information and access...

- Facebook: @MomEUProject
- www.eu-mom.eu
- info@eu-mom.eu

The MOM partners wish you all a safe and happy future. We hope you stay connected. Thank you and goodbye!



Leading partner
pianoC
il lavoro incontra le donne

maam
activities Life Based Learning

Fondazione
Politecnico
di Milano

inova
consultancy

INTERNATIONAL
FOR
CHILDREN
AND
YOUTH

Ajuntament d'Alzira

idea

UNIVERSITY OF
THESSALY

CME
EUROMASC